

# 10964

MAR 1980 NO. 29

This community newsletter publishes information, events, problems and concerns affecting the people of Palisades. 10964 needs your moral and financial support. Please send a contribution for 10964 to Box 201, Palisades, NY 10964. With your help you'll find 10964 in your mailbox every month.

## PALISADES' FIRST RESIDENTS

The first inhabitants of this neighborhood in historic times were the peaceful Tappan Indians, a band of the Delaware, or Lenni Lenape, tribe of the Algonquian Indians. The Delawares occupied the coast from the Gulf of Saint Lawrence to North Carolina, and also the shores of the Hudson as far as Fort Orange (Albany). North and west of the Delawares were the more warlike Six Nations of the Iroquois, who called themselves the Six Fires of the Long House. The Tappan Indians were particularly afraid of the Mohawk Nation. When Henry Hudson came up the river in the *Half Moon*

in September, 1609, the Indians came out to meet them in "mantles of Feathers, and some in Skinnes of divers sorts of good Fures... They had red copper Tobacco pipes, and other things of Copper they did weare about their necks". The Indians' goods showed how well they lived from their gardens, trapping and fishing -- tobacco, wheat, corn, grapes, currants, "ponpions" (pumpkins), beans, beaver and otter skins, oysters, and "stropes of beades". They were self-sufficient until the Europeans introduced guns and liquor. Decades later, in 1681, the sixteen Dutchmen who settled in Tappan bought (cont. pg. 5)


## AT THE MIDDLE SCHOOL

For the month of February and March basketball games, swimming and wrestling meets will take place. The most exciting event we are all looking forward to is the musical, "The King and I", scheduled for April 11 and 12 at 8:00 p.m., in the auditorium. Tickets are \$2.50 in advance and \$3.00 at the door. For information call Jean Brock (4176). We are confident this play will be a great success!

RONNY HAMERSKY

## LIBRARY

The Library held its Annual Meeting on Sunday, January 27th. Over 70 friends and patrons attended this event and listened to Alice Haagensen speak about the interesting and surprising History of Palisades. Members of the Board of (cont. pg. 2)



**MATERIAL:**  
**TRAP-ROCK.**

**INCHES.**  
1 2 3 4 5 6 7

**INDIAN AXE-HEAD**  
**FOUND Oct. 22, 1897, on**  
**the cliff, 100 yards north**  
**of Mrs. W.S. Gilman's res-**  
**idence, PALISADES, N.York.**  
**Weight 2  $\frac{13}{16}$  pounds.**

Trustees for the current year are: Andrea Williams (President), Robert Burcaw (Vice President), Barbara Hovsepian (Treasurer), William Eberle, Col. John Finke, Margaret P. Hussey, Roger Jellinek, Dr. Virginia McCauley, Paula Silverman. "Thank-Goodness-It's Thursday", the Library's program for young people, will resume on Thursday, March 6th through April 24th.

BEATRICE AGNEW

FOLK DANCING IN PALISADES

On Saturdays in March and through the spring, weekly folk dance sessions will continue to be held from 8-11 p.m. at the Palisades Presbyterian Church. The sessions -- which began on Feb. 16th -- are open to everybody; partners are not required and no previous dancing experience is necessary. Instructions will be given in folk dances from many countries at all levels of difficulty by Jeffrey Weissel and Garry Karner, both experienced teachers and former members of performance groups. A general admission charge of \$2.00 is asked and a discount of \$1.00 is offered to students and senior citizens. These folk dance sessions are a non-profit making activity. For information, call (2900) ext. 533.

JEFFREY WEISSEL

GETTING DIVORCED?

There are many women in our community in the process of marital separation. A desire to get together has been expressed, not so much for an emotional outlet but to share legal/financial information, job-related situations, impact on children, etc. If interested, call (8509) or (7392).

LESLIE HAYES

LETTERS TO THE EDITOR

As the retiring president for the past two years, I would like to thank the members of the community who have supported us during my term of office. We have come a long way in community participation, ... and are now financially solvent... None of this would have been possible without the dedication of our Treasurer, Joe Freil and Secretary Laura Ebmeyer. We can only hope that the new administration will follow through and develop the facilities and programs that our community requires, within the Community Center.

Edith Ryan

COMMUNITY HEALTH NEWS

Although Palisades is a quiet, idyllic hamlet, somehow stress is nonetheless present within our lives here. The response to our 1978 Palisades health survey -- where 49 families were questioned -- indicated that over 80% of residents sampled classify themselves "highly anxious." Stress is a three stage reaction: 1) alarm - the body prepares for flight or fight by releasing endocrine gland hormones causing increased heartbeat, respiration, blood sugar level, perspiration, dilated pupils and slowed digestion; 2) Resistance - the body attempts to recover to normal levels as stress recedes; 3) Exhaustion. It is not realistic to think that we in Palisades can have a life free of stress, so we must develop ways of dealing with it: Physical activity, better communication, acceptance of life-situations, avoidance of self-medication including alcohol, adequate rest and relaxation, and involvement in outside activities. Feel free to call us for further information.

MYRA B. RICHARDSON RN, MPH  
VIRGINIA W. BARRETT BSN, RN

## GIRL SCOUTS

Girl Scout week is March 9-15 this year. Scouts and Brownies are asked to wear their uniforms to school on their troop meeting day. Also it is suggested that they wear uniforms to religious services that week, and to any other public events. Camp folders are available describing day camp and overnight Girl Scout camps in our area. Make your plans early, don't be disappointed. Non-scouts may attend also. Call for information (6237).

## NANCY HALL

### SUGGESTION BOX

A few years ago, the Barons - since moved - led folk-singing nights at the Palisades Community Center, enjoyed by all. Do we have a guitar-strumming singer who would be interested in reviving this activity and would a community organization sponsor it? Participants might even pay a nominal fee. Come on, let's hootenanny!

-- The McCoy's

Write to Suggestion Box, 10964, Box 201, and share your ideas.

## THE GALLEY

Barbara Algert shares with us her husband's family recipe. Passed to Barbara's Chicago mother-in-law through the generations, it originated with a German/Eastern Pennsylvania Dutch great-great grandmother. Barbara, employed at Tappan's Old Schoolmaster's Antique Shop (behind Gulio's), is the mother of four and has been a Palisades resident for twenty years.

### *Algert's German Potato Salad*

Boil 6 medium red potatoes (other types won't work as well) in skins until tender. Peel, coat with salt. Fry 4 strips chopped bacon until crisp. Add 1/2 cup each chopped

onions and chopped green pepper. Fry until tender and add 4 table-spoons vinegar. Place mixture on potatoes; serve hot.

Got a favorite simple and yummy recipe? Share it with your neighbors by calling (2995).

## BASEBALL

Registration for the Palisades-Sparkill Baseball League will take place Friday evening, March 8th, 7:00-9:30 p.m., at the American Legion Post on Route 340. Boys and girls registering for either the junior or senior division will be assigned to a team; all children will receive equal playing time. A "familiarization clinic" will also be available this year -- weather permitting -- for those boys and girls who have not participated in league play. Registration fees will be \$15.00 per child with a \$25.00 maximum per family. Parental participation is expected. A refundable uniform deposit of \$10.00 will be required at a later date. Those who wish to return last year's uniform for a refund may do so at registration. For information call (1765).

DON BRACKEN

## LAMONT LOG

Work continues aboard one of Lamont's two ships, the *VEMA*, in waters off China. Sea-going Palisadians involved in this China Margin work include Dennis Hayes, Manik Talwani and Roger Anderson. The oceanographic project is a historic marine geological/geophysical program between the Chinese government and Lamont, and is believed to be the first such joint venture China has entered into, in conjunction with an institution or government, within any academic discipline. The ship is the first research vessel to enter a Chinese port, and to do work within China's territorial waters. *VEMA* -- (cont. pg. 4)

carrying Chinese scientists aboard, yet another momentous step in international scientific cooperation -- recently collected the only dredge samples ever taken from the South China Sea basin; these rocks will become a part of the Lamont collection (the largest such collection anywhere) and will be, according to curator Floyd McCoy, available to oceanographers throughout the world.

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#### PRE-SCHOOL PROGRAM AT THE PALISADES SCHOOL

Palisades Pre-School Program of the South Orangetown Central School District provides educational services for children from birth to age five. Children with special needs benefit most if they receive specialized services during their preschool years. Our intent is to minimize the need for support services at school age level, so a child may fully benefit from a "main-stream" education. The family will also be taught to work with the child since this aids in overall development and acceptance.

#### What We Do:

- Screen children
- Assess children
- Provide educational services: morning and afternoon sessions Tuesday through Friday
- Hold parent meetings.

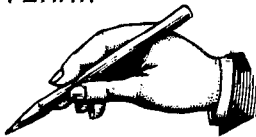
For information, contact the South Orangetown School District.

BETTY KATZMAN

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#### ARTS AND LETTERS

*Harry Davis* stars in the presently-running T.V. Pepsi Cola ads, which celebrate the joy of life. Watch for him as a Greek arriving in America by ship to visit his family. *Lois Rich-McCoy's* "Millionairess" is being published as a paperback this month. The sleek black glossy cover with gold lettering



features a classy-looking woman and review blurbs including the Los Angeles *Times*: "Blue Chip Stock for Readers." Did you see the new NBC Variety Show, "The Big Show" on Tuesday, Feb. 26th? *Paula Babalis* spent months in California working on the production, as associate producer. Rockland Community College's publication, "Wordscapes" is including four pieces by Palisades own *Mildred Rippey*, including one titled "Men in My Life." Mildred, along with other contributors, was honored at a wine and cheese publication party recently. The book is available through the College for \$1.00.



#### PALISADES COMMUNITY CENTER

The Board of Directors is now planning activities for this spring. We're looking forward to some new and exciting programming. Please give us your suggestions by contacting any board member or drop a note to Box 222, Palisades, N.Y.

Board of Directors, Palisades Community Center 1980:

Judy Englander, President  
 Jim Farley, Vice President  
 Laura Ebmeyer, Secretary  
 Reg. Thayer, Treasurer  
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 Irene Fredrick  
 Joe Freil  
 John Kalaydjian  
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 Karen Panter  
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 Jane Schwartz  
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JUDY ENGLANDER

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10964 thanks the Rasmussens and the Lenis for their contributions.

(First Residents )  
their land from the Indians, and the Indians had learned to want blankets, tools, guns, knives, clothes, rum, beer, and sewant (wampum).

The Indians settled down, amicably, a little farther west, until that land too was settled by Europeans, and they faded out. An Englishman piously described the process:

"Where the English come to settle, a Divine Hand makes way for them, by removing or cutting off the Indians, either by Wars one with the other, or by some raging mortal Disease".

Palisades with its stony soil was not well suited for agriculture; but scattered arrowheads, ax-heads and other artifacts found here show that the Indians probably came over to the river for hunting and fishing.

#### ALICE MUNRO HAAGENSEN

#### TRANSITION

This month marks three years since founding editor Lois McCoy's first 10964 issue. As Lois handed the responsibility to co-editors Barbara Hovsepian and Paula Silverman, the small community newsletter grew in copy and scope. Holly Redell with Kathy Poppen have overseen publication for the past year and now, Carol Elevitch and Kathy Poppen take over. The new editors solicit your opinions and suggestions. And the whole staff appreciates your continuing contributions, and reserves the right to edit.

#### CALENDAR



- MAR 1 (& 8, 15, 22, 29) Folk Dancing
- MAR 6 (& 13, 20, 27) "Thank-Goodness-It's-Thursday"
- MAR 8 Registration: Palisades-Sparkill Baseball
- MAR 9-15 Girl Scout Week

#### PEOPLE AND PARTICULARS

Emma Stewart, born in 1899 in Palisades, died here recently. With sisters Kathleen and Marion, she lived in their Closter Rd. home until her death. The pleasant, witty woman -- a familiar sight walking her dog Specky -- loved Halloween, when the children came. When a child herself, she attended the old Palisades school (now the Community Center), sang in the church choir and helped in her father's general store (now the Ernest Quick residence.) She is buried in the family plot in the Palisades Cemetery beside her parents and brother.

A burglary and attempted burglary took place recently in the Horne Tooke Rd. area. One house was occupied and the robbers ran after smashing a window. Items were stolen from the second home, unoccupied at the time.

Palisades Swim Club memberships are available. For information, call Marie Firestone (0599).

EILEEN LARKIN

Please contact People and Particulars Editor Eileen Larkin (6589) with contributions for the column.

#### CLASSIFIED

FOR SALE: one red tricycle. \$5. Call Brent or Elana McCoy (4744).

George Vlahos of Palisades makes and installs a heat exchanger that can warm a room or a basement with heat wasted by your furnace (4657).

The Sting Rays rock band (Philip Galinsky, Andy Boose, Rick Morris, John Boose) will play at birthday parties (7154).

The Kiely family is interested in purchasing a used console piano (8646).

Classified Ads are free. Send yours<sup>6</sup>  
to Box 201 or call Jeanne Boose  
(7154). Donations requested from  
businesses or non-Palisadians.

If at any time you do not  
receive your copy of 10964,  
call Jane Bernick (8382).



CAROL ELEVITCH/EDITOR; KATHY POPPEN/ASSOCIATE EDITOR; JANE BERNICK/  
TREASURER; JEANNE BOOSE/CLASSIFIED; JOAN TANKEL/LAYOUT; LOIS McCOY/  
FOUNDER-CONSULTANT.

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Deadline for April issue is March 10th.

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