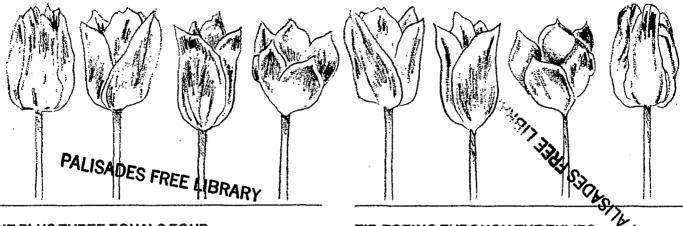
# 10964

**MAY 1989** 

No. 111

This community newsletter publishes information, events, problems and concerns affecting the people of Palisades. 10964 needs your moral and financial support. Please send a contribution for 10964 to Box 201, Palisades, NY 10964. With your help you'll find 10964 in your mailbox every month.



ONE PLUS THREE EQUALS FOUR Plant Problems of Local Concern by Larry Bucciarelli

When approached by a neighbor to write a column on the Hemlock disease that is currently gaining recognition, my initial response was "it's minor--no big deal." After a quick call to one sagely old nurseryman friend, I stand by my initial conviction. So that's the end of the column, right, well errr no. It would be easier but then perhaps you, the reader, might like to know the specifics on the Hemlock problem as well as three other important local horticulture diseases affecting our trees.

The Hemlock disease is actually an infestation of insects. Similar in appearance to an aphid, the woolly adelgid is at the heart of the problem. As the name suggests, the woolly adelgid is a small (pencil point or a little bigger) whitish/cream colored, "fur" covered pest. Within the needles of the Hemlock, Tsuga, the insect inserts it's proboscis (sucking mouth) to have a nourishing drink of hemlock sap. As populations increase, the tree declines. The Hemlock problem is more severe south of Palisades (30 to 50 miles and more): however, there are ways to combat woolly adelgid. It is recommended that a springtime single application of dormant oil be applied to suspect plants. In the summer, follow up with Cygone or Orthene. Use as the manufacturer directs and wear safety gear; goggles, respirator, etc.

Of significantly more concern are the Maple, Acer, Decline and Two Needle Pine, Pinus, Blight. Maple Decline, appearing as dead branches within the tree canopy, is caused by Verticillium Fungus. Verticillium, a soil and air borne pathogen, makes it's way into the vascular system of the tree. In a nutshell, as Verticillium grows, the tree's health is weakened to the point where it cannot fend off other natural dilemmas; drought, cold winters, insects, etc. There is no "cure" for Verticillium once it reaches the systemic phase. While this is sad

TIP-TOEING THROUGH THE TULIPS An interview with Judy Tomkins by David Sanders

Ms. Judy Tomkins is well known in our area for her expertise in natural guardening. She's made a whole new career out of what was originally a diversion from her professional career as a fine arts photographer.

On June 12, Judy will be giving a tour of her garden in Snedens Landing, along with a lecture. It's being sponsored by the New York Botanical Gardens.

#### DS: How did you become interested in gardening?

JT: It all began in New Hope, PA, when we rented a house with a huge back yard. One of my friends had the most beautiful garden, and I learned from her what works, where, etc. I still more or less go by the things I learned from my talented friend. In fact, I have things growing here which I brought from New Hope 25 years ago.

At first, naturally, I made all of the classic mistakes of planting a garden, such as over-crowding, not preparing the soil properly, and on and on. Eventually, I learned and perfected the nuances of successful gardening.

#### DS: What's the look you strive for in a garden?

JT: In spite of the fact that my garden began as a cutting garden, I strongly believe gardens should fit into the landscape. They should look natural and as if they've been here for ages. It's the approach I've used in the various gardens I've done in Snedens. Each fits it's particular landscape. None of them stands out like a sore thumb.

### DS: Are there particular colors you don't use in gardens?

JT: Yes, I try to stay away from yellow, because it's the strongest color the eye reacts to. Of course, when it's mixed with blue flowers, the effect can be quite beautiful.

(Cont'd p. 3)

(Cont'd p. 2)

10964 has asked Reg Thayer, a Palisadian who was active in the effort to preserve the Triangle as public park land, to write a history for our newsletter.

The Palisades Triangle, that patch of woods bounded by Route 9W, Oak Tree Road and Closter Road, has an interesting history. According to the late Margaret Parton Hussey, who was a long time Palisades resident and who studied the matter, the Triangle was part of the "Lockhart Patent," an area of about five square miles granted to a Dr. George Lockhart by King James II in the late 1600s. Through the years it has been a sort of village green, a pasture known as "The Timothy Meadow," a playground, a drill field for soldiers, and a ball field.

The Triangle has always been near the center of things in Palisades. People (including George Washington on occasion) went past the Triangle while en route to and from the ferry boats which ran between Snedens Landing and Dobbs Ferry in the 18th, 19th and early 20th centuries. The building now occupied by Yonderhill Antiques, across the road from the Triangle, was once a Methodist church, and the dark green building now occupied as a private residence next door to the Post Office was once an active blacksmith shop. For many years the Memorial Day parade has marched past the Triangle en route to the annual ceremonies at the Palisades flag pole. Also, the Palisades Free Library has long been a stone's throw away from the Triangle.

Until the 1970s, successive owners of the Triangle were apparently content to let it remain undeveloped. However, in 1978, my wife, Dossi, and I learned that the owners of most of the Triangle (all of it except a small sliver along Oak Tree Road owned by Tippy O'Neal, proprietor of Yonderhill Antiques) were placing it on the market for \$50,000. Inasmuch as the property was zoned for commercial development, we were fearful about what such development would do to the character of Palisades. We heard rumors of the possibility of a gasoline station/auto repair shop, for example. Because of our strong concern over the irreversible nature of commercial development in the center of our quaint, rural community, we acquired from the owners, for \$1,000, a six-month option to purchase the property. Our purpose in doing this was to gain time to arrange financing to buy the property for preservation as public park land.

We quickly learned that funds were not obtainable for this purpose from either the Federal Government or the Town of Orangetown. However, we also learned that New York State would contribute \$37,500 (75 percent of the \$50,000 purchase price) if we could raise the other \$12,500 and persuade a public entity to accept the property as a gift for park land purposes. Since Palisades is an unincorporated area and therefore cannot legally take title to property, we asked the Town of Orangetown whether they would be willing to accept the land as a gift if we could raise the money to buy it. The Town Board

agreed to this in January, 1979.

It then became necessary for us to raise the \$12,500. The Palisades Triangle Committee was formed to do this, and with one mailing to all Palisades residents plus one article in 10964 we quickly raised over \$17,000 from 142 donors (all of whom subsequently received pro-rata refunds after the closing).

Though we had the Town's agreement to accept title to the property and had raised the needed money early in 1979, the closing did not take place until August because the Town was slow in completing the paperwork required by New York State. This made it necessary to pay additional money to the owners of the land in return for two extensions of the six-month option. However, it all turned out nicely The Triangle will remain in its natural state forever.

Reg Thayer

#### ONE PLUS THREE EQUALS FOUR

(Cont'd from p. 1)

news if you own a favorite maple, what is worse is that Verticillium is not host specific: a Norway Maple is just as suitable as a Sugar Maple or a Swamp Maple. Removing dead wood out of a tree will prolong the tree's life simply by relieving stress from the plant.

The Two Needle Pine Blight affects all pines that have two needles in a cluster stemming from the petiole as opposed to three or five needles. The visual result of Pine Blight, caused by Diplodia Fungus, can be seen all along the Palisades Parkway. Mature pines have browned from the branch tips inward. This problem is wide-spread and disastrous. Here, too, like the Maple Decline, little or no help can be offered. Arborists can spray with fungicides to prolong the tree life; however, many of the chemicals are highly restricted and very dangerous. At best, they only buy a few extra season for the tree, and I do not recommend the amateur attempting such. To ease your loss and perhaps surrounding pines, have the tree removed and preferably burned to reduce the amount of innoculum in the area. Then plant a Five Needle Pine or Arborvitae.

One final prevalent disease is the Dogwood, Cornus, Decline. While extension services and researchers are somewhat stymied, Dogwood Decline appears to be the result of a double-headed assault; a mild bacteria and climatic conditions. Albeit Dogwoods generally do not thrive north of the Conn./Mass. border over the past ten years or so, droughts and dramatically differing winters (seasonal/unseasonal) weaken the tree allowing the latent bacteria to further the decline. The process occurs over many years so don't worry-be happy. If you are planning to plant a Dogwood, I heartily recommend Cornus Kousa, the Korean Dogwood. Somewhat heartier than the indigenous species, Cornus

I like soft colors, especially in a large garden. They blend harmoniously. No one color screaming for attention over another.

#### DS: How do you prepare your soil for each garden?

JT: Soil preparation is the key to a successful garden. Triple digging three feet down is vital. You need a back hoe to do it properly. Naturally, most of what you find in our local soil is stone and clay. I make sure it's removed. Then we incorporate topsoil, lime, compost, manure, food, bone meal (depending on what's going to be planted), and gypsum to break down the clay. It's all turned over two or three times, ending up with a raised bed of about one and one half feet which settles to about a foot high after three weeks.

Only then do the **worms** go in. Thousands of worms which we buy specifically for the garden. They aerate the soil.

Another important fact, the manure must be in place for three weeks before you plant. It's very powerful and can burn seedlings and young plants, if planted too soon.

DS: How do you approach planning a garden, particularly when you've been given carte blanche? JT: For me, the most important thing I want in a garden is bloom, from Tulip time till frost. Texture is also important to me. In fact, I prefer texture to masses of blooms.

The way I plant is difficult to describe. Mentally, I map it out like a painting, and then. . . just Zen, I suppose.

#### DS: What's your favorite flower?

JT: Hard question. I think Tulips are the most beautiful, wonderful flowers. I especially love the old fashioned ones. I love what happens when a Tulip has been in the ground for several years. It becomes its own *Parrot Tulip*. They're really diseased tulips which mutate and change color, design and texture. They produce spectacular blooms.

I've several parrot tulips on my property. They've done their own "Rembrandting" (changing colors, etc.). Each Spring I wait patiently to enjoy them again. You can't buy this effect. For some reason, it's illegal. I suppose they might infect the other healthy Tulips. When you see Rembrandt Tulips advertised in catalogs, just remember they're not the same thing.

### DS: I always thought Tulips were short-lived: good for a few years, at best. Is that wrong?

JT: Yes, I have some I brought from New Hope. They'll last if you keep them free from mold and moles.

### DS: Many people have too much shade. What can you share with us about the shady garden?

JT: I always refer to the master, Gertrude Jeckyll. I've several of her books on this subject. You discover quickly there are many blooming plants which require shade, such as Wild Columbine, Ferns, Flox, Astilbe. And Foxgloves will tolerate some shade.

#### DS: How do you feel about garden sculpture?

JT: I prefer natural looking sculpture, such as stone walls. Of course, one doesn't always have a stone wall to

work with. But, if one is so lucky, I always try to play them up.

Another wonderful example is the Farmer's Pile. It's a pyramidal rock and stone pile used by farmers to store loose rocks until time to build a wall. I find them beautiful. In fact, I use them as a signature of my gardening work. You'll find a few of them dotting the various gardens I've done in Snedens.

### DS: What can one do in August, when there isn't much blooming?

JT: I always try to incorporate white in the garden. White blooms give a cooling sensation and look to the garden during the heat of August. Also, white has a way of sparking up the surrounding colors and bringing them out.

## DS: Judy, would you give us a practical list of things to do throughout the year to keep our gardens in shape?

JT: Certainly. 1. Always "deadhead" (top) your plants. It'll provide more blooms. 2. <u>March 15-30</u>: Remove salt hay from rose bushes and garden. (Salt hay keeps the ground from heaving during intense cold of winter.)

3. April 5: "Peel" the garden (i.e. remove leaves and weeds). 4. Only cultivate when seedlings begin to show. Then feed the garden with compost or manure. And, your Roses with rose food. 5. April 15; Check loss of plants. Replace and separate plants, if needed, and leave seedlings where they fall. 6. May 1: Feed garden with non-burning food and water. 7. Mid-May: Pinch back Mums. Water twice a week for one to one and a half hours. Spray garden for mildew. 8. June 1-July 4: Feed garden with Miracle Grow; pinch Cosmos so they won't become leggy. Weed once a week. 9. Thanksgiving: Mulch with salt hay.

### DS: Are there any thoughts you'd like to leave us with?

JT: Only that gardens should be **walked through**, 20 minutes each morning. Every day there's a new surprise and if you miss it, it's gone. People say, "I don't have the time." Well, take the time. Bring your coffee cup and tour. Believe me, the amount of time and money spent in the garden pays off in great personal dividends. I know.

|   | ONE PLUS THREE     | Ξ | EQUAL: | SF | OUR |
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| ļ | (Cont'd from p. 2) |   |        |    |     |

Kousa has a beautiful star-shaped bloom in July.

Pretty gloomy article, I agree. At least now you are aware. These problems are not likely to become evident overnight. As I have said, some occur over many years. Take some consolation in the fact that it is the "natural way" and not brought about by man's abuses. If you should lose a tree, just think of all the beautiful replacements you can plant.

#### LETTERS TO THE EDITOR

#### Dear Editor:

I have been asked to share with you how the signs we mounted on the Palisades Interstate Parkway late last summer reading "Wildflowers Setting Seed" came into being. You may recall that this was the subject of an article in the Metropolitan Diary Section of *The New York Times* for October 12, 1988, the article being signed by Judy Umlas, one of our neighbors in Palisades.

You may also recall that we started our wildflower plantings along the Palisades Interstate Parkway some six years ago. On the whole, they have met with a most encouraging and favorable public response.

Over the years, after the wildflowers expended themselves and dried, a number of people asked me why we did not mow them; they also asked whether we could not afford to do so. Because I heard this question a good number of times, I decided to reckon with it.

Subsequently, I conceived the idea of a sign with the wording "Wildflowers Setting Seed." Surprisingly, the sign attracted quite some attention, including Judy Umlas's New York Times article, along with letters and several personal expressions of approbation.

We will restore the signs after the wildflowers bloom again this year, and I hope they will set to rest questions from Parkway motorists who may ask about our financial ability to "mow the weeds."

Sincerely,
Nash Castro
Executive Director
Palisades Interstate Park Commission

For you who may have missed Judy's letter to the Metropolitan Diary of The New York Times last October 12, here it is reprinted with permission.

#### Dear Diary:

The sign appeared magically one day last summer on the side of the Palisades Interstate Parkway, about 10 minutes from the George Washington Bridge. It still brings tears to my eyes. Not the usual tears of chagrin, dismay or hopelessness ("No left turns ever," "50-mile detour" and the like). No, the sign I love seemed to manifest itself amid a magnificent display of multicolored flowers that no one on this earth ever planted or tended. The 4-foot-by-2-foot sign--blue letters on a yellow ground--says, "Wildflowers Setting Seed."

The first time I saw it, I felt a rush of wonder--a sense of joy that some official in some bureaucratic transportation authority had taken the time and effort to clue me in to the miracle of what was going on around me. I wondered if the sign meant I should or shouldn't do something. Keep my oil or gas fumes under control? Take extreme caution to avoid doing any possible harm to the flowers? Speak only in whispers as I drive past them? It did not matter that I could not fully comprehend the meaning of the sign. I sensed a reverence for the

process of nature.

As the days grow colder, I suspect that the wildflowers are no longer setting seed. I fear that soon I will not have the sense of culture shock that I have had, going from wildflower reminders of the country to tall buildings and deal-making in Manhattan.

Whoever is in charge of such signs, please keep that one up as long as you can. Or else replace it with another reverent official pronouncement, like "Leaves Changing Color: Pay Attention!"

**Judy Umlas** 

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#### **ANNOUNCEMENTS**

Michael and Paula Boren and "big" sister Samantha are happy to announce the birth of Zachary Adam on April 14.

Welcome to our newest little Palisadian.

Cristina Biaggi and Diana Green invite friends of their pet dog, Tiggy, who passed on recently to attend a memorial which will take place within a month at the GG Sculpture in the Biaggi/Walsh backyard. Please call 359-5898 for details.

#### **PALISADES PRESBYTERIAN CHURCH**

#### **Book Study**

The study of *The Coming of the Cosmic Christ* by Matthew Fox which began in April will continue on May 7, 14, and 21, at 7:30 p.m. in the Parish House.

#### Concert at the Turning Point

David Mooring-Frye and his band, Greatheart, are playing a benefit concert for the Building Restoration Fund on Thursday, May 18, at 8 p.m. at the Turning Point in Piermont. Admission is \$8.

#### Pancake Breakfast

Come on Monday, May 29, from 8 a.m. to 11 p.m. to the Parish House. Adults \$4; children ages 10 and under \$3. Avoid the crowds--eat before the parade!

#### **Annual Strawberry Festival**

Save June 10, for the Annual Strawberry Festival.

### SUSPECT SQUEALS ON BOULDERBERG MYSTERY DINNER THEATRE

Where can a Rockland County theatre hound go to find a 3-way cross between *Edwin Drood*, *Tamara*, and prime-time soap opera, with a four course, sit-down dinner served simultaneously? Impossible, you say? Think again! The wonderful old Victorian Gothic manse on Route 9W in Tomkins Cove, known as the Boulderberg Manor is offering just such an evening.

A high-spirited company of actors, yours truly included, brings to life the Baldecourt family and entourage. They greet the patrons as guests at the feast following the memorial service of Cameron Baldecourt-the newly deceased multi-multi-multi-millionaire patriarch of the Baldecourts.

There is dissention among the ranks over the way the hefty inheritance has been distributed (no, I won't say why) and for the first half-hour of the evening, the actors circulate among the guests, improvising, developing a rapport with the audience, and dropping nuggets of important information as they go.

At 8 p.m. the scripted part of the play begins. This, too, is unique. The Boulderberg has six dining rooms. The play has three acts of three scenes apiece. Within each act the scenes play simultaneously. The actors play each scene six times from room-to-room until everyone has seen all the scenes. In between scenes (there are three rooms "dark" at any given time) the four courses of the dinner are served by a superbly coordinated staff. It is organization that boggles the mind.

At the peak of the action--ZAP! A murder! Everyone has a motive, alibis are few and far between. Anyone "coulda dunnit." But who? Aha--that's where the audience gets to come into the action. They are given an interrogation period with each actor, and yes, all six rooms get time with every one of the suspects, to pump for information and grill them to press for possibly incriminating details.

Each audience member, encouraged to work with fellow diners to put the story together and solve the murder, must choose who he/she thinks is the murderer, and put the accusation down in doggerel verse.

At last, the summation, the audience is gathered together, the criminal is revealed, and then some. The best (and most accurate) verse in each room is read out loud and rewarded with a prize.

This is a most unusual, highly entertaining evening. The \$49.95 ticket price covers both dinner and show. This script is planned to run at least through mid-June, but the shows tend to book well in advance. For information and reservations call 354-2143.

The creative team for MASTERFUL ILLUSIONS is already developing the next project for this company, so stay tuned.

Eden-Lee Murray-Jellinek a.k.a. Francesca Baldecourt

#### STATE OF THE UNION DISTRESS

In late February of this year, I attended a week long seminar entitled "A Presidential Classroom for Young Americans." Seven times annually, selected high school juniors and seniors attend this program in Washington, D. C., which is intended to further their understanding of the different aspects of the American democratic process. The program is staffed by volunteer professionals in many fields, including business, academia, foreign service, politics and the military. Throughout the week the students attend lectures by well-known guest speakers, hammer our resolutions to send on to Congress, and discuss all manner of ethical and constitutional issues in large crossfire sessions (an anarchic assembly to be sure, without Braden or Buchanan to mediate). The pupils also spend two days on Capitol Hill, meeting with their respective legislators and any other political officials they manage to entrap in conversation.

Many participants haunt the Senators' and Members' elevators and the Capitol Subway like precocious Woodwards and Bernsteins. In the week I attended, Senators Gore, Kennedy and Nunn were all subjected to the students' inquisitions. Our own Edward Koch was on hand (no doubt lobbying for a position as a United States Attorney), and some fortunate students sighted Vice President Quayle, although overzealous Secret Service agents prevented him from having a discussion about the Theory of Forms with the dejected students. I had the opportunity to meet with Representative Gilman, but the New York contingent discovered that Senator Moynihan was in India, and Senatory D'Amato was in one of the final closed McCar. . . .rather, the Tower nomination hearings.

Among the guest speakers during my week at Presidential Classroom were Chief U. S. Arms Negotiator Max Kampleman, the Honorable Caspar Weinberger, Executive Vice President Grant Thompson from the League of Women Voters, and Senator Alan Cranston. The illustrious Lee Atwater imparted some of his knowledge concerning blues rills and mudslinging, and a senior official from the National Rifle Association stood before this articulate, well-educated group and managed to proclaim (with a straight face) that it was not guns, but people who kill other people.

Overall, Presidential Classroom was a terrific experience. It increased my knowledge (if not my trust) of the machinery of the Federal Government. Junior or senior, political aspirations or political trepidations (or both), it is worth a look.



#### PALISADES FREE LIBRARY

#### **Plant Sale**

Come to the Palisades Plant Sale, Saturday, May 13, from 10 a.m. until 2 p.m. at the Palisades Library parking area. There'll be plants, pots, seedlings, vegetables, old books, crafts, food and fun. Come. Come.

#### **New Non-Fiction**

Auchincloss, Vanderbilt Era
Auden, Complete Works, Vol. I
Blankert, Vermeer
Brazelton, Families, Crisis and Caring
Davis, Why Me
Dietrich, Marlene
Kael, Hooked
Picasso, Late Picasso
Porter, The West

#### **New Fiction**

Chase, The Evening Wolves
Duras, Emily L.
Goudge, Garden of Lies
Peters, Red Army
Schaeffer, Buffalo Afternoon
Thomas, Bad Girls, Good Women
Walker, Temple of My Familiar

#### **New Light Fiction**

Ferrars, Murder Too Many
Grafton, F is for Fugitive
Parker, Playmates
Reynolds, Things Invisible
Sanders, Capital Crimes
Saul, Creative
Vine, House of Stairs
Tapply, Dead Winter
Underwood, A Compelling Case
Westlake, Secret Monster

#### **Library Closed**

The library will be closed on Monday, May 29, for the Memorial Day Observance.

#### **ROCKLAND CENTER FOR THE ARTS**

#### Photography Exhibition

The Center's annual Paul Y. Keating high school photography exhibition opened on April 30 and will continue through May 12. Viewing hours are 10 a.m.- 4 p.m. weekdays and 1 p.m.- 4 p.m. on weekends.

#### May Calendar

- Off Off Center series: Video artist Tony Oursler and librettist Constance DeJong. 8 p.m.
- Out Loud series: Live readings of poems, stories, reminiscences, of Irish authors. 8 p.m.
- Off Off Center series: Choreographer Douglas
  Dunn performs his tour-de-force "Haole," a work
  praised by *The New York Times*.
- Writers Roundtable series: Yale lecturer Johnathan Spence speaks on 18th century Chinese art. 8 p.m.
- Art Quest series: Concert pianist Abba Bogin lectures and demonstrates in a program entitled "Mozart's Muse." 8:30 p.m.
- 19 Tappan Zee Chamber Music Series: Tappan Zee Chamber Players perform an all Mozart program. 8:30 p.m.
- 20 A special program produced and directed by Jean Brock, former Palisades resident, featuring children from South Orangetown schools reading Russian folk tales and stories by Oscar Wilde, 7 p.m.
- 21 Rockland Center School for the Arts Student Exhibit opens and continues through June 3.

For reservations or information call the Center at 358-0877.

#### **BLUE ROCK SCHOOL**

#### **Blue Rock Fair**

On Saturday, June 3, the Blue Rock School will host its first annual Blue Rock Fair. Parents and children are invited to a day of family activities. The day will include kite-making, origami, geode-breaking, an obstacle course, music, and storytelling as well as great food.

The Fair will take place, rain or shine, from 11 a.m. to 5 p.m. at the Palisades Community Center. Join us for a day of fun and unusual activities for children and their parents.

#### **Summer Arts Program**

It is not too late for five to twelve-year-olds to sign up for the 1989 Summer Arts Program. Director Deborah Warner has gathered together a uniquely qualified group of artists and teachers to work with the children.

The Summer Arts Program, now in its second year, will run from June 26 through July 14. Call 365-2644 for more information.

Kate Wheeler

### Community Center Update

The Palisades Community Center, Inc. is a not-for-profit corporation chartered to serve the residents of Palisades. We own and operate the historic 19th century "one room schoolhouse" located on Oak Tree Road. At present, our building is available every evening and every weekend for meetings of Palisades organizations. If your group would like to use our facility free of charge, contact Glyn Frederick Nixon at 359-5985.

The Community Center, Inc., in turn, belongs to its Members. If you are a resident of Palisades, 18 years of age, you can become part owner of the Community Center for the yearly fee of only \$5 per person.

In coming months, a meeting of the Membership will be held to discuss how our facility can best serve the needs of Palisades. Your ideas and suggestions are important, so please become a Member by sending your name and address and a check for \$5 to:

Linda Jouas - Treasurer Palisades Community Center Post Office Box 222 Palisades, New York 10964

Thanks - John Converse

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#### **MEALS ON WHEELS**

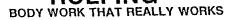
A number of Palisades residents give of their time, energies, automobiles, gas, and especially their good cheer each month to serve the needs of their elderly and handicapped neighbors in Rockland County. More are needed to drive and deliver food to people in Blauvelt, Tappan, Piermont, Sparkill and Palisades.

In case you are interested in helping out, this description of the Meals on Wheels Homebound Division voluntary program may give you a clearer idea of what is involved. Monday through Friday each week volunteers deliver meals between 11:00 a.m. and 1:00 p.m. These meals, usually consisting of a hot lunch and a cold dinner, are taken to about 300 homebound recipients on 25 routes spanning Rockland County from Palisades through Jones Point. A route consists of approximately twelve clients and is completed within one to one and a half hours with directions provided. Volunteers from Palisades meet the Meals on Wheels truck at the Dominican Convent in Sparkill, receive the hot and cold food containers for their route, and after making the deliveries return the empty containers to the truck. A volunteer may drive alone or with a partner and usually is scheduled to serve twice a month.

If you would like more information on how you can help, please call Susan Brody at 638-4828 between the hours of 8:30 a.m. and 3:00 p.m.

For those of you who are unavailable at midday but would like to contribute in some way, the "Send a Bunch ...Fund a Lunch" chocolate roses available for Mother's Day might be a good idea. A \$20 donation will reserve one-half dozen pink chocolate roses, nestled on a bed of white raffia in a clear gift box. This donation will assist in funding six nutritious, home delivered hot lunches to shut-in persons. Both regular and sugar free chocolates are available. Meals on Wheels will provide bulk delivery in Rockland County. Orders may be placed through the Meals On Wheels office, 62 Old Middletown Road, New City, New York 10956 no later than Friday, May 5. For further information please call the Meals on Wheels office at 638-4828.

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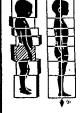
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We welcome the community's continuing financial support.

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#### 10964 DEADLINE

The deadline for copy for the June issue is May 15. Please send copy to 10964, Box 201, Palisades, N. Y. 10964. The June issue will appear in your mail as close to the first of the month as possible.

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