

Palisades Author Publishes New Book

Ellen Galinsky has lived in Palisades for 4 1/2 years with her artist husband Norman and her two children Philip and Lara. To her credit are two children's books, "Cat Bird" and "Baby Cardinal" as well as a book on premature birth "Beginnings." She is currently working on a book about parenthood, and is continuing as an educator and filmmaker for the Bank St. College.



Ellen and William H. Hooks, chairman of the publications department at Bank St. College, have written a practical source book called "The New Extended Family." It provides needed reassurance, wisdom, and guidelines in child care for concerned parents and legislators.

When asked why she wrote the book Ellen replied that with the birth of her son Philip she felt an enormous conflict between work and family. She had a concept of a child care program where parents could actively participate and the result was the Family Center at Bank St. College in New York City.

Ellen started to research the subject of child care and eventually the Ford Foundation funded the money for the project. She traveled to investigate different programs and found the reception very sharing for her and her co-author. In making judgments they depended considerably on their own insight and experience in education.

When asked what were the common factors of good day care, Ellen answered that superior leadership and a response to local needs were the primary elements. In leadership she usually found one person with a real dedication and a willingness for innovation. This leadership provides a feel-

ing of an extended family rather than a feeling of separation from the family, and such leadership has the ability to hire people who feel like caregivers too. In response to the community, a day care must have room for local values and needs, including especially ethnic considerations.

The main problem is the fact that every breed of day care has its own pitfall and a good program is one that can surpass its pitfall. An example is a family day care where a woman at home cares for children with a program to prevent the pitfall of isolation inherent in this arrangement.

Two useful benefits in this book are a list of guidelines for parents in their search for a day care center and model legislation for legislators who want intelligent federal and state legislation to strengthen families. The book emphasizes the need for a different definition of families and a different definition of child care. The book urges an acceptance of the premise that it is a healthy situation to look to other people to help in child raising, for in countless ways parents need the help of others. In reality, children have always had more than one or two people to take care of them.

PAULA SILVERMAN

Palisades Free Library

An enjoyable afternoon was had by all on Sunday, Jan. 29, at the Palisades Free Library's Annual Meeting and Election of a new Trustee. Thanks to Gerry Miras a program of poetry by Carl Sandberg was presented. Various readings of Sandberg dealing with his early years in Chicago, as well as some poems on nature, war, death and selections from "The People, Yes" were read by Irene Frederick, Gerry Miras, Fran Murphy, Holly Redell and Estelle Sollish.

Following the poetry readings, the Library paid tribute to Mildred Post Rippey by acknowledging her 30 years of service to the Library. Mrs. Alice Haagensen gave a very touching little talk about Mrs. Rippey and then presented her with a collection of poetry. Mrs. Rippey thanked everyone and graciously shared a poem she recently wrote entitled "Woe Is Me!". The poem reads as follows:



WOE IS ME!

I'm losing my neurons, perish the thought,
Why do they leave me? They just hadn't ought,
I know that I'm old, but that's all the more reason
That I should hang on to them just one more season.

When I was young, neurons were no worry,
But oh, I got old in such a great hurry,
And the wonderful cells that make up my brain
Are rapidly going right down the drain.

Sometimes it takes a while to remember
If the month is October or November,
Or if it's raining, or if it's snowing,
Or if I'm coming, or if I'm going!

And so my sage advice to you
Is hang on to the remaining few,
Make those neurons work with dispatch,
Or they'll carry you off to the booby hatch!

Mildred Post Rippey



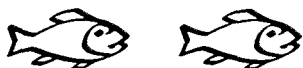
The afternoon continued with refreshments highlighted by Jack Algert's traditional Fish House Punch. This recipe was left to Palisades in the trusteeship of Jack by a wiser resident, Doll Logan, now a resident of Southern California.

The meeting concluded with the election of Margaret Parton Hussey to the Board of Trustees.

The Library is thinking of sponsoring a Poetry Reading Group and a Book Discussion Group. Anyone interested in either or both groups, call 359-0136.

BARBARA HOVSEPIAN

Fish House Punch

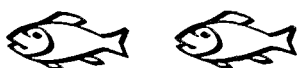


Make a syrup of 3/4 quarts water and 1 pound brown sugar. Pour hot over the rinds and juice of a dozen or dozen and half lemons. Cool. Add 2 quarts *Jamaica* Rum (dark) and 1 quart Brandy. Dash well with peach brandy to make it mellow and extra fine. Serve in a bowl of crushed ice. To serve immediately, some add 1 quart pineapple juice instead of one of the 3 quarts of water.

HISTORICAL NOTE: This recipe is an old one in the Taylor family of Norfolk. This copy was given by Mrs. Taylor, wife of Colonel Walter Herron Taylor, Adjutant General of the Army of Northern Virginia, C.S.A. (on General Lee's staff), to Mrs. Philip Alexander Bruce. At the bottom of the recipe is written "Walter says, 'Look out for swell head next morning.'"

Taylor Family Recipe, prior 1862, Norfolk, Virginia.

Source: "The Williamsburg Art of Cookery", 4th edition, Williamsburg, Virginia 1942. By: Mrs. Helen Bullock



West Hudson Environmental Assoc.

Many people have recently been asking, "What happened?--I see all kinds of trucks on 9-W." The fact is the truck ban has been postponed until March 1. It cannot be over-emphasized that this is strictly a 1 month postponement and nothing more. Sen. Winikow asked that this point be emphasized in this article and to stress that State Commissioner Hennessey is totally committed to the ban.

The need for the delay is to allow N.J. time to post warning signs on roads approaching 9-W and 340. This wasn't done by the Feb. 1 deadline because N.J. never really thought the ban would go through and when it did, they panicked. They threatened legal action, which was groundless, and therefore will not be pursued. But this took time--time that should have been spent installing signs warning of the ban. Obviously, trucks cannot be allowed to get to the borders to find out there's a truck ban but must be warned long before they get to that point.

Now that they realize the ban is a reality, the N.J. officials will cooperate to help enforce it. The benefits gained from the delay are well worth it--such as the cooperation of the N.J. Dept. of Transportation with the N.Y. D.O.T. Al Dickson (Regional Transportation Director) will meet with local police to clarify police duties. State Police from the main headquarters in Monroe will be utilized and appropriate signs will be installed. Nothing is perfect but this is a giant step to help keep our community rural. Isn't that the reason we all love it?

Everyone is interested in traffic problems and Barbara Porta of Tappan, a former Town Board member, recently wrote a superb letter to the Journal News which tells the background of this particular problem. Permission to use her letter here has been given by Barbara.

DOSSI THAYER

JERSEY'S SELF-INFLICTED ROAD BIND

To the Editor:

The legal action considered by the Bergen County Board of Freeholders to block New York's Route 9W truck ban is typical of New Jersey's continued dependency on New York's planned road system.

New Jersey has saved its residents many tax dollars through the years by not planning a comprehensive road system for future development needs in the eastern, north Bergen County area. As a result, New Jersey finds itself in a road bind as New York is about to enforce the Route 9W ban on heavy trucking.

When New York State built Route 303 over 35 years ago, it had planned the 4-lane highway as a north-south industrial corridor that could support future trucking and other traffic from the area. New Jersey was supposed to continue Route 303 southward from the state line in Northvale.

As local residents well know, New Jersey did absolutely nothing and today the narrow, 2-lane "Livingston Road" is lined with small factories, industries and stores, having almost no setback from the road and causing no end of traffic woes.

When the Town of Orangetown was drawing up its Comprehensive Development Plan in 1965, the highway plan indicated a proposed major highway artery from Alpine, N.J., to Route 303 in Tappan, N.Y. During the past 12 years, no such highway has been started but industry continues to be built in Northvale and environs. Although New Jersey has attracted the industry, the state must have promised them New York's road systems.

The argument that federal monies were used to build Route 9W and that therefore Route 9W can't be closed to truckers hardly holds water. Federal, state and local laws on safety, pollution and noise have superseded many outdated rules and regulations. Methods for allocating the Federal Highway Trust Fund have been changed, environmental protection has become a necessity for survival and taxpayers in residential areas have equal rights under the law.

Of course the Bergen County legislature (the Freeholders) would like to keep trucks off New Jersey's local roads--so would Rockland in New York, which is why we built Route 303. Orangetown's industry is located primarily along Route 303, where most of the zoning designation is for industry. In contrast, on Route 9W, from the state line in Palisades to the Thruway in Nyack, there is no industry whatever and the entire 3-mile stretch is primarily zoned for residential use, which it has been for many decades.

I am glad the New York State Transportation Commissioner is sticking to his guns and enforcing the truck ban in Orangetown.

BARBARA PORTA
TAPPAN

Palisades School Council

A good time was had by all at Rockland Center for the Arts Open House on Jan. 22. Everyone who came had a chance to see art, writings, dance, ceramics, mime and piano performances done by the children and adults who were students this past semester.

Special thanks to the teachers and their Director, Marilyn Kleiner, who were there to answer questions and lead the presentations. The Open House also gave Superintendent Joe Colello and June Grol and Chuck McLiverty of the Town Board a chance to see how the building has become a source of learning and recreation for the residents of Orangetown. We appreciate the time they took to share this day with us. Registration is still open for Spring classes. For further information, please call 358-0877 or pick up

a brochure in the lobby. Please note new classes have been added for teenagers and young adults. We hope this age group will take advantage of these courses. Any suggestions for the Fall semester are welcome.

SATURDAY BASKETBALL GROUP

Don Bracken is setting up teams beginning in February. For further information call him at 359-1765. Registration is still open for boys and girls.

Please watch for the Rockland Community College Center's credit-free brochure sometime this month. We look forward to these programs beginning in March.

EILEEN LARKIN

A Musical Banquet

On Sunday, March 12, at 3 p.m. a concert of baroque music will be presented at the Palisades Presbyterian Church, sponsored by area alumnae of Mount Holyoke College.

The instrumentalists--Rebecca Troxler on baroque flute, Robert Alcala on baroque oboe, Michael McCraw on baroque bassoon, and Jerry Brainard on harpsichord--are affiliated with various groups in New York City, and will offer pieces by Telemann, Francois Couperin, Handel, and Haydn. During the program the players will also discuss their instruments and the pieces they are playing.

A \$3 contribution, payable at the door, will benefit the scholarship fund of Mount Holyoke College. For reservations please call Kathie Ratcliffe (359-5360) or Marina Harrison (359-5776).

KATHIE RATCLIFFE

Oak Tree Playgroup

While the rest of Palisades is probably suffering from the 'mid-winter doldrums', the Oak Tree Play Group continues to refresh, delight and amuse the children enrolled there. If you dropped by at any time lately, no doubt you would be witness to an extensive game of "Super Friends" that continues day after day. My son reports that the Bat Cave is under the table and my husband says he has seen children popping out of various corners including a dry sink in pursuit of their super goals! There also seems to be no problem regarding equality of the

sexes since my son has at times been Superman, Batman, Robin and Wonder Woman!

The group is open from 8:30 a.m. to 4:30 p.m. and a visit from interested parents is welcome as is a visit from any parents of prospective members of the group. There are still some openings at various times in the group. There can be no more than 18-21 children at any given time so be sure to call if you have not already signed your child up for a particular time. The number is 359-9670. (As a recommendation, my son says "They let you take off your shoes there and they let you cry there").

The Play Group will follow the South Orangetown School District decisions regarding Snow Day closings so tune in to WRKL for that information.

And if you have toys or furniture that your child is no longer using, think of the Play Group; all donations will be cheerfully accepted.

HOLLY M. REDELL

Palisades Community Center

At the Jan. 22nd Annual Meeting of the Community Center held in conjunction with the Open House of Rockland Center for the Arts, the following slate of officers was elected: President: Edith Ryan, Treasurer: Joe Freil, Directors: Joyce Baron, Jane Bernick, Don Bracken, Mike Doyle, Bill Eberle, Laura Ebmyer, Nellie Knudsen, Ralph Olsen, and Myra Richardson, President ex-Officio: Irene Fredericks.

The year just past has been a financial struggle for the Palisades Community Center. I might note at this point that while we have two centers in Palisades, the "Old School House" belongs solely to the residents. This building was obtained to "provide facilities and programs to meet the recreational, social, cultural and civic needs and interests of the residents of Palisades, N.Y. as stated in the articles of incorporation." For the past number of years the Directors, elected by the residents, have attempted to keep the building open and in good repair as well as to provide programs of interest to all. It has been a difficult project and now we are faced with telling the residents of Palisades the situation as it is.

The building is over 100 years old and is constantly in need of repairs. We have tried to repair the roof but this was unsuccessful and so we now must replace the roof at a cost of \$1500. Our appeal for contributions has not

even reached the half-way mark. We also need funds for utilities, insurance and sewer tax.

To sum up, we appeal to the residents of Palisades--we need your help. We need to know that you, the residents, want to keep this building and will support it. We need your ideas about what we can do to become financially solvent and also what kind of activities you would like to see in the building. Please respond to our annual membership drive in February. Volunteer to serve on a working committee. This building is for all the residents of Palisades to enjoy and we therefore need everyone's support.

EDITH RYAN

Youth Recreation Center

The Orangetown Youth Recreation has opened a teen center at the old Tappan Grammar School, free to any teenager in the town of Orangetown. The hours are 7 p.m. to 9 p.m. Monday through Thursday, 7 p.m. to 12 p.m. Friday and Saturday, and 1 p.m. to 4 p.m. on Sunday. The teenagers are well supervised and have the use of 3 rooms--a T.V. room, a pool room, and a stereo room, plus the use of the gymnasium on weekends. The center has strict rules including no loitering outside in the parking lot and no alcohol or drugs, etc. Parents are welcome to visit. Please call 359-5551 if you have any old furniture or other items to donate.

JOSEPH HINCE

Health Notes

National screening for hypertension and diabetes has proven of significant value in health maintenance. We would like to make ourselves available for *free* quarterly screening and referral information in Palisades.

In order to develop this plan we need donations of a sphygmomanometer, 2 stethoscopes, Physohex, Keto-sticks, a hospital scale, cotton balls, alcohol, old sheets, a blanket, Q-tips and an assortment of bandages, ace bandages, bandaids. Please collect and call 1963 or 6427. Watch 10964 for the first screening date and place!

MYRA RICHARDSON, BS RN
VIRGINIA BARRETT, BS RN

Letters

THE FOLLOWING IS IN REPLY TO A PERSONAL LETTER WHICH APPEARED IN OUR LAST EDITION AND IS NOT NECESSARILY THE VIEWPOINT OF THE 10964 STAFF. WE WELCOME ANY FURTHER COMMENTS.

First of all I would like to express my sincere condolences for the loss of your dog. As a dog owner and animal-lover myself, I know that the loss of a pet can be just as painful as the loss of any other family member, especially under such shocking circumstances.

However, I can't say I agree with your method of handling the situation. Your letter smacks of the sort of rationale that leads to closing a century-old swimming hole after one accident, or outlawing skateboards because there is such thing as one irresponsible speedster. The tradition of allowing dogs to run free here is an old one, and one that has not, so far, proven generally harmful to either man or beast.

Of course I don't approve of letting vicious animals run loose, but I think it should be the duty of neighbors to inform the owners of such dogs if a problem exists. You say you *saw* the two dogs that attacked your pet, yet you apparently did not confront their masters directly; instead you seek to restrict the freedom of every animal in the community.

You also say that your Vet believed your dog's death to be the result of an attack by *more than two* aggressors. Are you asking us to believe that there are *packs* of these vicious creatures roaming the woods? Vets can be wrong, and have been, many times in my experience (I have raised 28 dogs). They are quite capable of being mistaken. As a life time resident and explorer of Palisades, it has been my observation that the dogs of the Landing, like their owners, are an independent lot, and not given to traveling in numbers.

Perhaps it is simply easier to blame the system here than to do something on a smaller scale--easier to say it's everyone's fault; and if I am particularly sensitive to this sort of tactic, it's because in the past my dogs have not been allowed even as much freedom as the average pet in the community, because of people like you. I have two Doberman Pinschers. Although no one has *ever* been able to tell me of any aggressive or vicious behavior by either of my dogs, they are discriminated against and even shot at for belonging to a misunderstood breed.

Now you threaten to call the police when you see loose dogs-- Why not just call the owners of the two you *know* are dangerous, if you are so positive of it? Why deprive all the animals in Palisades of the only freedom

they have? If this terrible accident had happened to someone else's dog, and yours, though harmless, was accused and punished, would *you* think it fair? I've already had to contend with that situation, with the reputation of "killer dobermans", and believe me, it's hard to swallow. Owners of dangerous dogs should be responsible enough to control their pets; but others shouldn't have to suffer.

ANNIE GERARD

Classified

Classified ads are free. Please submit yours to Box 201 or call Jeanne Boose (7154). Last names and phone numbers must appear in the ad. (Donations to 10964 are requested from businesses or non-Palisadians wishing to place ads).

WANTED - Twin box spring mattress Harvard frame. McCoy (4744).

FOR SALE - Draftsman's tools and drawing equipment. Lo (7144).

FOR SALE - Girl's Ice Skates. Size 2, white, excellent condition. Only slightly used. No reasonable offer refused. Annie Man (0915).

FOR SALE - 2 step end tables and matching cocktail table. Blond formica, good condition, \$35. Two matching table lamps, \$18. Rasmussen (5188).

HUGE MID-WINTER SALE at Dossie Thayer's Bazaar Antique Shop (5070).

Capable, responsible and experienced woman available to care for your children/house/pets when you are away. Call McCoy (4744) for reference. Stevensen (754-8270) Tuesday or Wednesday or write Box 71, Godeffroy, N.Y. 12739.

Unclassified

Thanks to the following neighbors for their contributions this month: the John Algerts, Katherine Grotz and the Robert Rasmussens.

WRITING CONTRIBUTIONS TO THE NEWSLETTER ARE WELCOME. CONTACT BARBARA HOVSEPIAN OR SEND YOUR STORY TO 10964, BOX 201, PALISADES, N.Y., FOR CONSIDERATION. 10964 RESERVES THE RIGHT TO EDIT MATERIAL SUBMITTED FOR PUBLICATION.

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